



YDSC Spring Fling 2025 OPEN MEET

Licence Number: 3SW250195

(Under Swim England Laws and Regulations and Swim England Technical Rules of Racing)

Saturday 29th & Sunday 30th March 2025

(All Session Times to be confirmed)

Millfield Pool

Keen Elm Lane
Street
Somerset
BA16 0ST

Short Course Level 3 Meet

Further details can be found at: www.ydsc.co.uk/yeovil-spring-fling-meet/





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Saturday 29th & Sunday 30th March 2025

This is a Level 3 Licensed Meet giving qualification to

County and Regional Competitions and for entry into L1 & L2 Meets.

Venue: Millfield School, Street, Somerset, BA16 0YD

Pool: 8 Lane – 25m pool – electronic timing – with anti-turbulence lane ropes – backstroke ledges available – cool down pool

Ages Groups: Open/Male 9, 10, 11, 12, 13, 14, 15, 16 & 18 over Inc. Masters
Female 9, 10, 11, 12, 13, 14, 15, 16 & 18 over Inc. Masters
Minimum age for entry is 9 years

Age at Date: 30th March 2025

All events have age grouped awards with Heat Declared Winners (HDW)

50m	All strokes -	All age groups
100m	Freestyle, Backstroke, Breaststroke & IM -	All age groups
200m	Freestyle, Backstroke, Breaststroke & IM -	All age groups
100m/200m	Butterfly -	11 and over
400m	Freestyle & IM -	11 and over

Information Pack and Hy-Tek zip file available on request from ydsc.competitions@gmail.com or can be downloaded from the YDSC website <https://www.ydsc.co.uk/yeovil-spring-fling-meet/>

Entry fee: £8.50 per event for Electronic (Hy-Tek), or £9.00 per event for Clerical.

Spectator fee: Admission charge £5 per day or £8 for the weekend.

Coach Passes: £8.00 per day or £15.00 for the weekend.

Open for entries on 9.00am 13th Jan 2025 – Closing date
Midnight on Sunday 2nd March 2025

PROGRAMME OF EVENTS

Times are approximate and will be updated & issued to all clubs once the entries are finalised

Saturday 29th March 2025

SESSION 1			SESSION 2			SESSION 3		
Warm-up			Warm-up			Warm-up		
Girls	8.30am		Open/Male	TBC		Open/Male	TBC	
Open/Male	TBC		Girls	TBC		Girls	TBC	
Start Time: TBC			Start Time: TBC			Start Time: TBC		
Finish Time: TBC			Finish Time: TBC			Finish Time: TBC		
Event 11	Girls	200m Free	Event 21	Open/ Male	200m Fly	Event 31	Open/ Male	200m Back
Event 12	Open/ Male	400m Free	Event 22	Girls	400m IM	Event 32	Girls	100m Fly
Event 13	Girls	100m Back	Event 23	Open/ Male	100m Free	Event 33	Open/ Male	200m IM
Event 14	Open/ Male	100m IM	Event 24	Girls	50m Fly	Event 34	Girls	200m Breast
			Event 25	Open/ Male	50m Back	Event 35	Open/ Male	50m Breast
			Event 26	Girls	100m Breast	Event 36	Girls	50m Free

Sunday 30th March 2025

SESSION 4			SESSION 5			SESSION 6		
Warm-up			Warm-up			Warm-up		
Open/Male	8.30am		Girls	TBC		Girls	TBC	
Girls	TBC		Open/Male	TBC		Open/Male	TBC	
Start Time: TBC			Start Time: TBC			Start Time: TBC		
Finish Time: TBC			Finish Time: TBC			Finish Time: TBC		
Event 41	Open/ Male	200m Free	Event 51	Girls	200m Fly	Event 61	Girls	200m Back
Event 42	Girls	400m Free	Event 52	Open/ Male	400m IM	Event 62	Open/ Male	100m Fly
Event 43	Open/ Male	100m Back	Event 53	Girls	100m Free	Event 63	Girls	200m IM
Event 44	Girls	100m IM	Event 54	Open/ Male	50m Fly	Event 64	Open/ Male	200m Breast
			Event 55	Girls	50m Back	Event 65	Girls	50m Breast
			Event 56	Open/ Male	100m Breast	Event 66	Open/ Male	50m Free

Please see attached time limit for age eligibility in certain events

PROMOTERS CONDITIONS

- The meet will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing and has been licensed by **Swim England** for entry into Regional and County Championships and L1 & L2 Open Meets.
- All competitors must be Category Compete members of an affiliated club, eligible to compete and registered in accordance with **Swim England** laws and technical rules and may enter in the name of one club only.
- Para Swimmer Entries must have an authorised SE/IPC swimming classification, Certificate of Exception or Certificate of Disability which must be provided with entry and presented to the Referee prior to each competition session, failure to do so may result in disqualification.
- The Female Category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.
- By submitting entries on the official entry forms and Hy-Tek, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. However, if because of error by the organiser, the error will be corrected and the entry accepted.
- The events file for input into Hy-Tek Team Manage is available upon request from ydsc.competitions@gmail.com or from the club website www.ydsc.co.uk.
- Entries with Short Course times should be made via Hy-Tek Team Manager and emailed to the Meet Secretary at: ydsc.competitions@gmail.com. Hy-Tek entry files (or clerical entry form if less than five swimmers are being entered and Hy-Tek files are not available) should reach the Meet Secretary no later than Midnight on date specified above.
- The competition will be swum Short Course. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. The organizer reserves the right to ban the use of gas hooters, klaxons etc., which in the organiser's opinion, could be a hazard or a danger to swimmers, officials or spectators. There is a secondary strobe available at the pool, please contact meet organiser to arrange this.
- Yeovil District Swimming Club are not responsible for swimmers from other clubs. Coaches and Team Managers are responsible for the conduct and safety of their swimmers. Coaches must adhere to the safety advice from the warm up stewards. The promoter reserves the right to exclude any persons from the meet at any time, who display inappropriate language or behaviour. This includes, but is not limited to, swimmers' coaches or spectators.
- All clubs are expected to follow the SE Wave Power guidelines on coaches/chaperones to swimmer ratio. Coaches/Chaperone passes include tea/coffee which can be collected from the side of the officials' area. Passes must be ordered with Club entries and a list of passes, **stating names of those attending must be provided at least one week prior to meet**. Coaches/Chaperon Passes must be worn at all times during the Meet. They will be available for collection on the morning of the meet from the entry desk.
- All entries must also include a payment summary sheet, a completed coach/chaperone form, and where appropriate an official's availability form.
- This is a first come, first served meet meaning that entries will be accepted strictly in the order in which they are received. Each entry will be numbered and these entries will, assuming there are no errors, be fully accepted in sequence, until the age-grouped heats have filled. In the event of over subscription scratches may occur from the last accepted entry only, to make the meet entry fit. No Deck entries accepted on the day. **No changes can be accepted after the closing date specified above to enable heats to be finalised and information sent to all clubs attending.**

- Any information in respect of rejected entries will be sent to clubs as soon as possible after the closing date. All refunds will be sent by BACS as soon as possible 'en block' to the club submitting the entries.
- There will be no refunds for withdrawals after the closing date, unless the withdrawal is for medical reasons and accompanied by a doctor's note where a refund will be offered.
- Swim Meet entries will be managed by computer. By submitting entries, consent is thereby given, as required under the Data Protection Act of 2018 and GDPR, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.
- All entries must be submitted as short course, conversions accepted.
- NT entries will be accepted
- Swimmer's faster than the upper time limits 'Exhibition swimmer' will be considered after all eligible entries have been processed and space allows.
- The meet will be run without cards. Heats will be pre seeded. Swimmers do not need to sign in.
- All events will be HDW. Entries will be seeded into heats from submitted times, and these will be seeded before the Meet. Where swimmers have withdrawn the lane will be left empty. Events will be swum slowest to fastest. All heats will be placed in 'spearhead' formation.
- There will be medals in every event for the first three overall swimmers in each age group. Any disqualified or exhibition swimmers will not receive awards.
- Points will be awarded to the eight fastest swimmers in each age group in every event. 8 points to the fastest, 7 points to the second fastest, reducing down to 1 point to the eighth fastest. At the completion of the Meet a trophy will be awarded to the highest scoring visiting club.
- Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches holding the valid Meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas.
- Competitors must report to marshalling at least 5 heats before their event.
- Backstroke ledges will be available to use in specific lanes during warm-up and throughout backstroke events. Swimmers should only use backstroke ledges if trained how to use them, it is the coach/team manager's responsibility to ensure swimmers who wish to use backstroke ledges can do so safely.
- The safety rules of the pool must be adhered to at all times. Anyone not adhering to these rules (which will be read out at the start of each session) may be removed from the pool.
- In line with **Swim England** guidance, anyone wishing to take images (photo or video) are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. An official photographer invited by the promoter may be in attendance. If you do not wish for your child to be photographed, please notify the reception desk upon arrival. The full **Swim England** guidance on photography can be found in **Wavepower**, the Swim England Child Safeguarding Policy and Procedures document available at www.swimming.org
- All valuables/clothing, etc. left in the changing rooms will be entirely at the owner's risk.
- Warm up and session times will be confirmed when all entries have been received and processed. Details will be returned with confirmation of entries.
- There is parking adjacent to the Pool complex. Additional parking will be available at the North Road Car Park.

- In the case of an emergency or situations out of the promoter's control, during the running of the meet, the conditions may be changed to ensure the smooth running of the meet. The rules will only be changed by the Referee and will be announced on the day.
- Any swimmer breaking these conditions will be liable to disqualification from any or all events.

POOLSIDE OFFICIALS

Visiting clubs are requested to provide at least one qualified official per session for every 8 swimmers entered, no club will be rejected if this requirement cannot be met. Officials need to sign up via www.swim-meet.com

Lunch and Refreshments will be provided to those Officials who are on duty. Travel expenses (mileage @ 0.45p) can be claimed by Officials attending this Meet at a maximum of £50.00 for the weekend per official, expenses forms are available on the day from the referee or YDSC meet promotor.

For those un-qualified officials, or J1's and above who require mentoring or practical sessions please indicate in note section of swim meet when signing up. Indicate what duties you need to cover and we will do our best to assist, as we actively promote the development of all officials within British Swimming.

Officials briefing will be 30 minutes before the start of each session.

CLERICAL ENTRY FORM

NAME:..... CLUB:

Date of Birth:..... ASA Membership ID:.....

Saturday 29 th March 2025		
	Event	Entry Time
Girls	200m Free	
Open/Male	400m Free	
Girls	100m Back	
Open/Male	100m IM	
Open/Male	200m Fly	
Girls	400m IM	
Open/Male	100m Free	
Girls	50m Fly	
Open/Male	50m Back	
Girls	100m Breast	
Open/Male	200m Back	
Girls	100m Fly	
Open/Male	200m IM	
Girls	200m Breast	
Open/Male	50m Breast	
Girls	50m Free	

Sunday 30 th March 2025		
	Event	Entry Time
Open/Male	200m Free	
Girls	400m Free	
Open/Male	100m Back	
Girls	100m IM	
Girls	200m Fly	
Open/Male	400m IM	
Girls	100m Free	
Open/Male	50m Fly	
Girls	50m Back	
Open/Male	100m Breast	
Girls	200m Back	
Open/Male	100m Fly	
Girls	200m IM	
Open/Male	200m Breast	
Girls	50m Breast	
Open/Male	50m Free	

Please complete the following payment Summary Sheet and Return with Entries:

Contact:	
Address:	
Tel No:	
Email:	

Total Number of Swims

Entries: @ **£8.50** per event (Hy-Tek).

Entries: @ **£9.00** per event (Clerical).

Coaches/chaperone passes – Single day rate @ **£8** each or Weekend rate @ **£15** each.

Total Fee Payable: £_____ BACS transfers should be made when submitted entry quoting the Club's name as reference, to Yeovil District Swimming Club - **Sort Code: 40-47-28 - Account No: 71347608**

Clerical entry forms where less than five swimmers are being entered and Hy-Tek files are not available, should be emailed direct to ydsc.competition@gmail.com

ENTRY TIMES

If you are faster than the times shown and would like to enter as an exhibition swimmer, please send entries before closing date. These will be considered after all eligible entries have been processed and space allows.

Open/Male	9	10	11	12	13	14	15	16 & over
50m Free	36.00	34.50	31.90	31.5	29.05	26.98	25.10	24.15
100m Free	1:19.00	1:14.00	1:10.40	1:09.40	1:04.90	59.30	58.60	54.50
200m Free	2:50.00	2:42.00	2:31.30	2:27.30	2:23.20	2:11.00	2:05.50	1:57.80
400m Free	N/A	N/A	5:13.80	4:52.40	4:34.90	4:23.30	4:17.70	4:11.30
50m Backstroke	41.50	39.50	38.00	37.20	34.30	32.10	29.90	28.60
100m Backstroke	1:27.80	1:24.00	1:22.00	1:19.90	1:16.30	1:09.60	1:03.30	1:00.70
200m Backstroke	2:58.00	2:53.00	2:49.70	2:45.60	2:39.5	2:25.00	2:21.40	2:12.20
50m Breaststroke	46.00	44.00	42.80	42.50	39.30	37.50	33.60	30.30
100m Breaststroke	1:42.00	1:37.00	1:34.80	1:33.80	1:29.30	1:21.70	1:15.20	1:07.20
200m Breaststroke	3:40.00	3:20.00	3:16.60	3:10.60	3:03.00	2:52.10	2:43.80	2:32.60
50m Fly	40.00	38.00	36.10	35.80	32.80	31.30	30.15	28.20
100m Fly	N/A	N/A	1:26.40	1:25.90	1:18.60	1:11.60	1:06.30	1:03.10
200m Fly	N/A	N/A	3:11.20	3:05.50	2:55.60	2:40.30	2:26.70	2:21.10
100m I.M	1:33.60	1:25.10	1:19.10	1:14.10	1:09.40	1:06.15	1:04.55	1:02.00
200m I.M	3:10.00	2:58.80	2:53.30	2:46.80	2:39.70	2:31.1	2:25.80	2:18.20
400m I.M	N/A	N/A	5:50.00	5:30.00	5:17.50	5:04.40	4:50.5	4:46.00

Girls	9	10	11	12	13	14	15	16 & over
50m Free	36.00	34.50	31.60	30.50	29.05	28.05	28.00	27.00
100m Free	1:19.00	1:14.30	1:09.50	1:08.40	1:03.10	1:02.10	100.10	58.90
200m Free	2:50.00	2:42.00	2:29.80	2:25.10	2:21.40	2:15.00	2:10.60	2:08.00
400m Free	N/A	N/A	5:17.20	5:00.00	4:52.50	4:46.40	4:37.10	4:32.85
50m Backstroke	41.50	39.50	37.10	36.60	34.30	33.30	32.10	31.57
100m Backstroke	1:27.80	1:24.00	1:20.00	1:18.10	1:14.30	1:11.60	1:07.30	1:05.00
200m Backstroke	2:58.00	2:53.00	2:49.70	2:45.60	2:39.5	2:25.00	2:21.40	2:12.20
50m Breaststroke	46.00	44.00	42.80	42.30	39.50	37.80	36.00	34.80
100m Breaststroke	1:42.00	1:37.00	1:33.80	1:33.20	1:26.80	1:23	1:19.50	1:17.20
200m Breaststroke	3:40.00	3:20.00	3:16.60	3:11.60	3:05.20	2:54.40	2:50.00	2:45.00
50m Fly	40.00	38.00	35.10	34.50	33.30	32.00	31.15	29.60
100m Fly	N/A	N/A	1:22.70	1:22.00	1:17.40	1:13.20	1:09.70	1:07.90
200m Fly	N/A	N/A	3:11.20	2:56.50	2:52.60	2:46.70	2:36.00	2:33.20
100m I.M	1:32.20	1:26.60	1:21.50	1:14.10	1:11.40	1:09.80	1:09.00	1:07.00
200m I.M	3:10.00	2:58.80	2:46.30	2:44.10	2:42.20	2:36.30	2:30.50	2:27.00
400m I.M	N/A	N/A	6:00.00	5:42.00	5:38.60	5:30.90	5:16.00	5:13.00